

Student and teacher: Use this cover sheet for mailing or faxing.

Assignment Booklet 7

Please verify that preprinted label is for correct course and module.

TOTALTeacher

These instructions are for students registered with the Alberta Distance Learning Centre.

INSTRUCTIONS FOR SUBMITTING THIS DISTANCE LEARNING ASSIGNMENT BOOKLET

When you are registering for distance learning courses, you are expected to submit Assignment Booklets for correction regularly. Try to submit each Assignment booklet as soon as you have completed it. Do not submit more than one Assignment Booklet in one subject at the same time. Before submitting your Assignment Booklet, please check the following:

- Are all the assignments completed? If not, explain why.
- Has your work been reread to ensure accuracy in spelling and details?
- Is the booklet cover filled out and the correct course label attached?

MAILING

1. Postage Regulations

Do **not** enclose letters with Assignment Booklets.

Send all letters in a separate envelope.

2. Postage Rates

Take your Assignment Booklet to the post office and have it weighed. Attach sufficient postage and seal the envelope. Assignment Booklets will travel faster if sufficient postage is used and if they are in large envelopes that do not exceed two centimetres thickness.

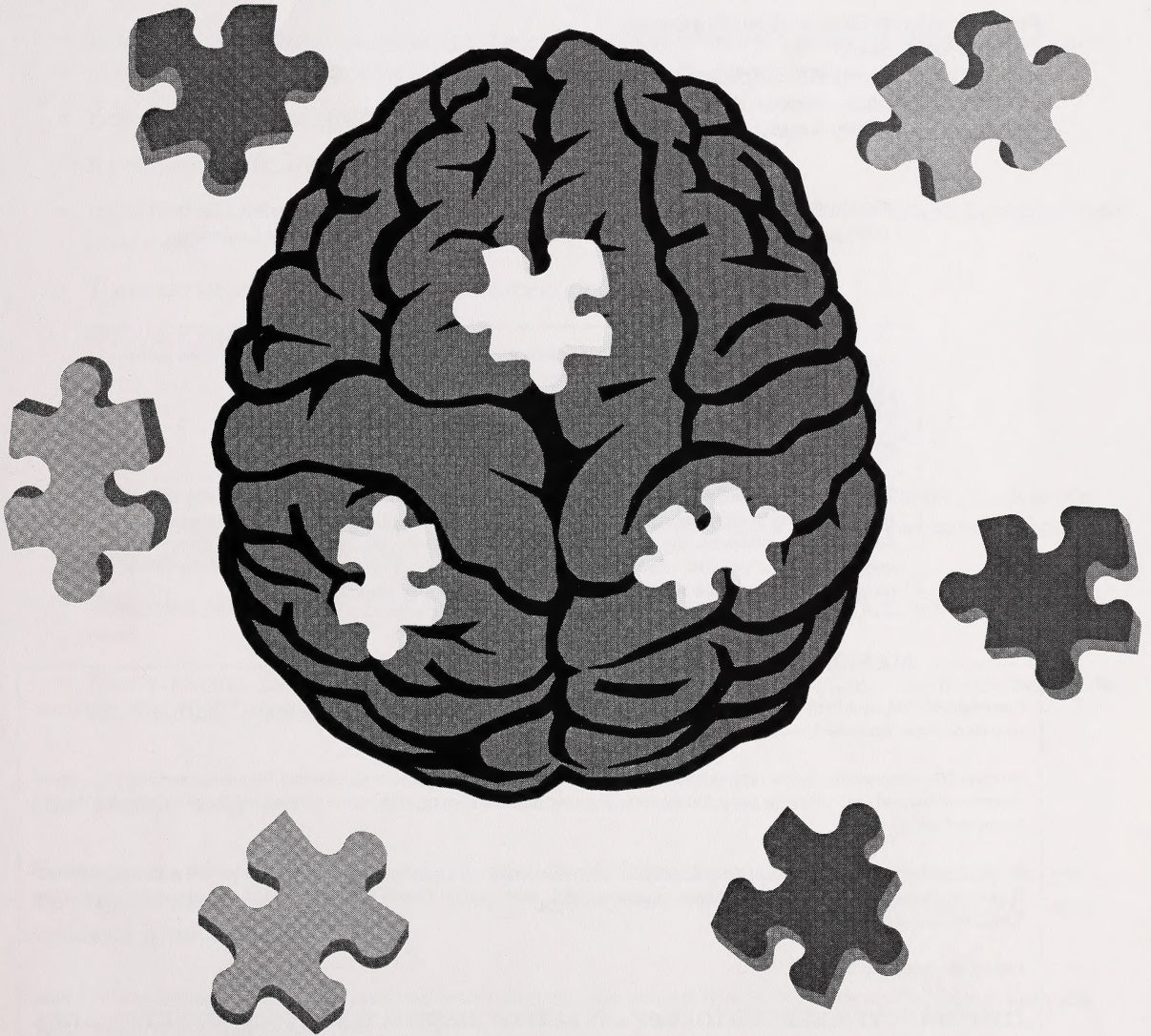
FAXING

1. Assignment Booklets may be faxed to the Alberta Distance Learning Centre. Contact your teacher for the appropriate fax number.
2. All faxing costs are the responsibility of the sender.

E-MAILING

Assignment Booklets may be e-mailed to the Alberta Distance Learning Centre. Contact your teacher for the appropriate e-mail address.

GENERAL *PSYCHOLOGY 20*



ASSIGNMENT BOOKLET 7

General Psychology 20
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The Alberta Distance Learning Centre has an Internet site that you may find useful.
The address is as follows:

<http://www.adlc.ca>

The use of the Internet is optional. Exploring the electronic information superhighway can be educational and entertaining. However, be aware that these computer networks are not censored. Students may unintentionally or purposely find articles on the Internet that may be offensive or inappropriate. As well, the sources of information are not always cited and the content may not be accurate. Therefore, students may wish to confirm facts with a second source.

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General Psychology 20

Assignment Booklet 7

Advice:

Your mark for this module will be determined by your success on the assignments in this booklet. Your answers give your teacher indications of your understanding of the course.

- Before attempting to answer the assigned questions, please be sure you have read all the relevant course material and have completed the self-correcting activities in the module booklet.
- Proceed **slowly** and **carefully** through the assignments.
- If you encounter difficulties, review the pertinent section notes.
- If you are still having problems, please contact the course teacher at the Alberta Distance Learning Centre for assistance.
- The marks possible for each individual exercise is indicated.
- Good luck in your studies!

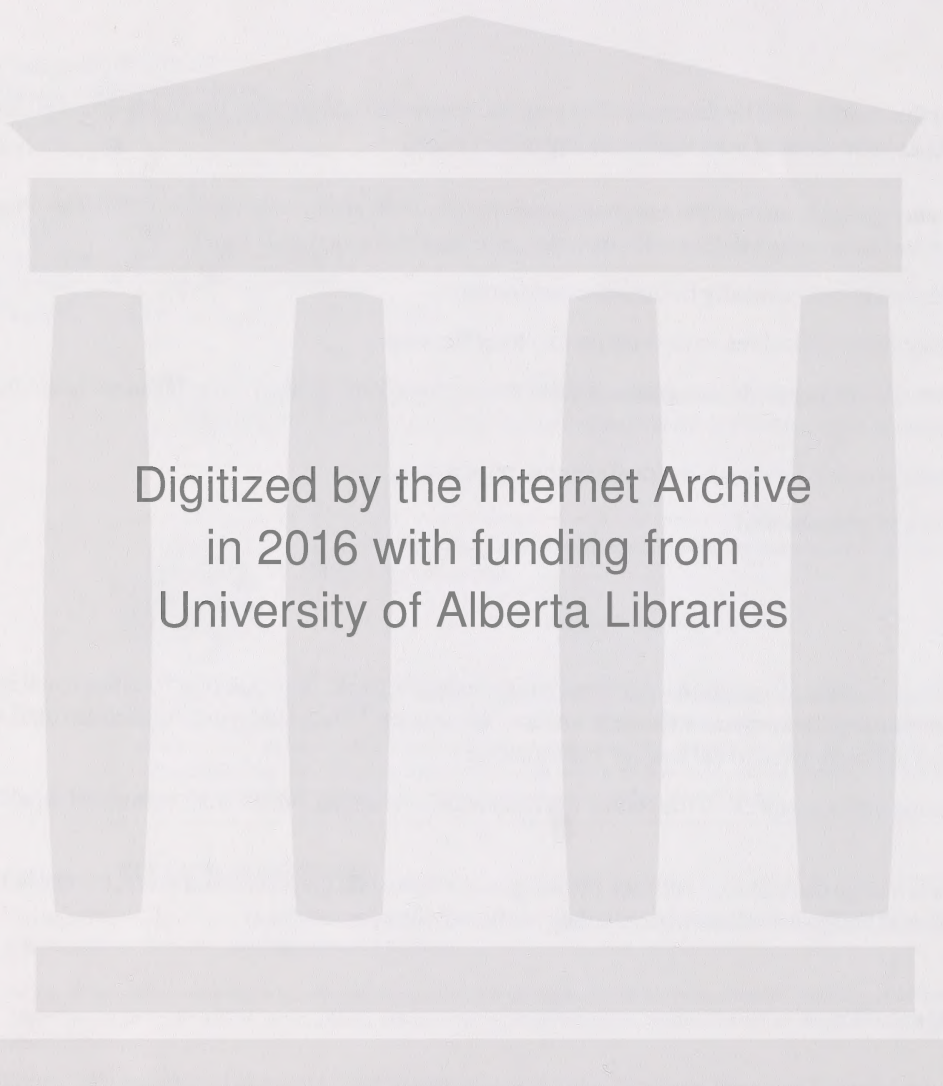
Warning:

- Failure to complete all questions and/or poor responses due to obvious lack of effort may result in your teacher returning the assignment booklet marked “incomplete”. No grading will be awarded until such exercises are completed to the teacher’s satisfaction.
- Discussing various aspects of the course with others is encouraged, but all work submitted should be your own.
- If there is a large discrepancy between the assignment score and the final exam score, the teacher has the discretion to assign a final mark based solely on the examination results.

Our Pledge to You:

Everyone at the Alberta Distance Learning Centre is committed to helping you achieve your educational goals. We happily assist students who are sincere in their desire to learn. We may be reached by phone, fax, e-mail, voice mail, postal mail, or in person.

Any journey consists of single steps; you have taken another by enrolling in this course. We want to help you successfully reach your destination.



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Section Three: Studying Behaviour

Value
20

Assignment 1: Psychosis and Misconceptions About Psychosis?

1. Briefly describe psychosis in your own words.

2. Give two ways that psychosis differs from neurosis.

3. Why won't psychotics admit that their behaviour is abnormal?

4. Are mentally ill persons always dangerous? Explain.

5. A stigma is a condition or situation which brings disgrace to a person. Give an original example using your own ideas.

6. Why would a person with a stigma be punished more severely than a person without a stigma?

Assignment 2: Paranoia, Mania, and Schizophrenia

1. Which one of the three types of paranoid delusions do you think would be most disruptive for a person? Explain why.

2. Define each of the following terms and give a specific example of each.

a. a delusion:

b. an hallucination:

3. Why is *mania* as much of a problem as *depression*?

4. Bipolar means two opposite forces or two opposite natures. *For example being kind is bipolar to being cruel.* Why is manic-depression referred to as being bipolar?

5. List several symptoms of panic attack that make this condition terrifying for the person experiencing it.

6. Predisposition was mentioned in regard to schizophrenia. Explain what that means?

7. Briefly describe the two phases of catatonic schizophrenia.

8. If someone close to you suffered from a severe psychosis, would you agree to try electroconvulsive shock therapy as a possible treatment? Give reasons.

Assignment 3: Definitions

Many new terms were introduced throughout the lesson. As a review, some of the terms have been listed below. Several descriptions of psychoses and related illnesses are presented following the list. Write the letter of the appropriate term beside the correct description in questions 1 – 15. Some terms will not be used; some terms may be used more than once.

- | | |
|------------------------|---------------------|
| a. anhedonia | j. schizophrenia |
| b. Alzheimer's | k. fusion |
| c. paranoia | l. somatotherapy |
| d. alcoholism | m. psychoanalysis |
| e. delirium tremens | n. manic-depression |
| f. slashing | o. catatonia |
| g. delusions | p. ataractics |
| h. panic attack | q. MPD |
| i. faradic stimulation | |

- _____ 1. Extreme talkativeness is one component
- _____ 2. Rigid posture may be observed
- _____ 3. Becoming aware of repressed memories
- _____ 4. Body trembling from alcohol withdrawal
- _____ 5. Extreme oscillations between ecstasy and despair
- _____ 6. Serious withdrawal from reality
- _____ 7. Treating mental illness with drugs
- _____ 8. False beliefs or false conclusions
- _____ 9. The victim believes people are devising plots
- _____ 10. Light shock treatment to restore the mind
- _____ 11. Out-of-control substance abuse
- _____ 12. "Healing" the personality by bringing all elements together
- _____ 13. Having no capacity to experience pleasure
- _____ 14. Loss of mental powers and memory
- _____ 15. A serious dissociative disorder

Assignment 4: Review Work

1. Alcoholism and Alzheimer's Disease are both categorized as an organic psychosis. Write a short paragraph about each explaining the key characteristics of each **one**.

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2. Answer Option A or Option B.

Option A

How is faradic stimulation different from earlier forms of shock treatment?

Option B

What does having a prefrontal lobotomy involve? Why would it be regarded as a drastic last measure that is not recommended nowadays?

3. Answer either Option A or Option B.

Option A

Which method of treating psychosis do you believe is most helpful in a great majority of cases? This may be difficult to determine because the range of illnesses are quite varied. However, state your own preferences.

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Option B

Find a news article focusing on mental illness. It could be reports of a new treatment, new research about possible causes of some form of psychosis, or even a story about someone facing criminal charges who has been assessed with a severe type of deviation related to mental illness. Below the article state at least two important facts you have learned.

Attach News Article

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END OF ASSIGNMENT BOOKLET 7

